# WELCOME TO THE SIXTH FORM

Each day, discovery.









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# Welcome to Eltham College

Welcome to Eltham College. We are delighted that you will be joining us and are looking forward to getting to know you better.

Eltham College has a long and proud history of academic excellence and a strong pastoral ethos, based on the Christian values that the school was founded on. You are now part of this history and the community that makes the school the happy and exciting place that it is.

Life at Eltham College is busy and diverse. Alongside academic lessons, we have a multitude of clubs, societies and activities, which are integral to the broad education we believe in. New students are very much encouraged to join and take part in something new. In the Sixth Form, students are encouraged to take a leading role and we are always keen to support new student-led initiatives. We recommend that you arrive at Eltham College with an open mind, eager to take full advantage of the co-curricular opportunities that we offer.

New students who join us are excited, but may also be a little nervous, which is perfectly normal. This booklet is designed to help you through your first few weeks at Eltham College and answer any questions you might have. However, please do not hesitate to ask your Form Tutor if you are unsure about anything. Eltham College is a friendly and open school; we take great pride in supporting new members of our community.

We are sure you will be happy at Eltham College and enjoy your time with us as many generations have before you.



## Term Dates

### Academic Year 2023/24

Michaelmas Term 2023				
INSED Day	Wednesday 30 August 2023			
INSED Day	Thursday 31 August 2023			
Induction Day – Years 3, 7, 9 and Lower Sixth	Friday 1 September 2023			
Term Starts	Monday 4 September 2023			
Half Term	Two weeks beginning Monday 16 October 2023			
Term Ends	Wednesday 13 December 2023 (12 noon)			
Lent Term 2024				
INSED Day	Thursday 4 January 2024			
INSED Day	Friday 5 January 2024			
Term Starts	Monday 8 January 2024			
Half Term	Monday 12 February 2024			
Term Ends	Thursday 28 March 2024 (12 noon)			
Summer Term 2024				
Term Starts	Thursday 18 April 2024			
Bank Holiday	Monday 6 May 2024			
Half Term	Week beginning Monday 27 May 2024			
Term Ends	Thursday 4 July 2024 (12 noon)			

# The School Day

#### **The School Day**

Breakfast is provided in the dining hall between 8.00am and 8.30am on a cashless system.

Morning registration is at 8.30am in form rooms and the morning timetable ends at 12.55pm. Afternoon lessons begin at 1.30pm and the afternoon timetable ends at 3.50pm.

Morning assembly is held on weekdays after registration and before teaching begins. Chapel is led by the Headmaster, Chaplain, or other members of staff and is usually on a Christian theme. House or Sectional (Lower School, Middle School and Sixth Form) assemblies also take place throughout the week. Tutor periods are held when there is no assembly scheduled. You are always expected to be present at assembly, unless excused in writing.

#### **Timetable of the School Day**

08.30	Registration		
08.45	Chapel or Sectional	Assembly	
09.00	Period 1		
09.35	Period 2		
10.10	Break		
10.30	Period 3		
11.05	Period 4		
11.40	Brief Break		
11.45	Period 5		
12.20	Period 6		
12.55	Lunch		
13:30	Period 7		
14.05	Period 8		
14.40	Period 9		
15.15	Period 10		
15.50	School Ends		

#### Lunches

An impressive choice of food is available Monday to Friday in the dining hall on a self-service system. Menus are available on the school website. You are strongly advised to take this meal rather than bring sandwiches or make other arrangements. Lunches will be charged on account automatically unless the Bursary is notified (in writing) to the contrary. The Sixth Form café, Déjà Brew, also offers a range of drinks, snacks and meals.



### Uniform

Your outward appearance, as well as your demeanour and character, can reflect credit (or otherwise) on the school as well as on yourself. Come to school and leave school smartly dressed every day. Members of the public frequently form their first, and perhaps only, impression of a school on superficial acquaintance – please set and sustain a good example of personal smartness and individual behaviour.

Regulation clothing must be worn in school, on journeys to and from school, on school occasions and whenever you represent the school.

Games clothes must be brought to school on the appropriate day and taken home afterwards, not left in lockers.

#### **Sixth Form**

Students should wear a dark grey, navy or black suit (trousers or skirts as preferred).

Cropped suit trousers (cut to the calf) are not acceptable but trousers cut to the ankle can be worn. Elasticated stretch bodycon skirts are not permitted. Skirt length should be closer to the knee than the hip.

Pinstripe suits are not acceptable. Students may wear a plain navy blazer as an alternative. Blazers should be worn with mid-grey trousers and white shirts.

White shirt or white blouse. Long or short sleeved. No dark coloured t-shirts, motifs or underwear should be visible.

A Sixth Form tie or school colours tie should be worn with a collared shirt.

 $Pullover\ or\ jumper-plain\ grey\ V\ neck\ or\ school\ regulation\ pullovers\ or\ black,\ dark\ grey\ or\ navy\ jumper\ may\ be\ worn\ under\ suit\ jackets.$ 

Socks should be plain black, blue, navy. White, pale or patterned socks are not permitted. Tights should be plain black, navy or nude. Patterned tights are not permitted.

Shoes must be plain black leather or synthetic equivalent. No suede or canvas shoes. No trainers with sporting motifs are to be worn. No slip-on ballet style shoes. No high heels. No industrial style shoes, no boots, no metal attachments. Black laces only. Shoes must be kept clean.

Navy lab coat for those studying DT.

No jewellery should be worn. If ears are pierced, one small stud can be worn in each ear.

Hair should not be dyed an unnatural colour.

Hair should be kept tidy and not excessively long or short.

Must be clean shaven.

Fake nails should not be worn. If worn, nail varnish should be clear or natural.

Make up, if worn, should be discreet and natural.

No facial piercings.

#### **Sixth Form Sports Kit**

All students should have:

Eltham College mid-layer.

A house coloured t-shirt.

Eltham College Sixth Form fitted white polo.

Eltham College track suit bottoms, or skinny pants, or performance leggings or fitted leggings.

Eltham College rugby shorts, or PE shorts or navy skort.

Suitable good quality footwear – trainers or rugby boots or Astro Turf boots as applicable.

Recommended:

The PE department will give advice on compulsory items for those selected to represent school teams. Other optional items are available on the Stevensons website www.stevensons.co.uk

#### **Senior School Outdoor Wear**

Outdoor wear must be coloured plain dark navy blue or grey. Raincoats, overcoats, trench and duffle coats, anoraks and cagoules are permitted, providing they are clean and in good order. These must have no plastic or leather patches, no tabs or brass buttons, and the lining must be unobtrusive.

On their way to school cyclists may wear suitable protective clothing over their uniform, including fluorescent bands, but must, of course, wear their uniform into school buildings.

Scarves must be plain navy or black.

Dark coloured gloves.

Coats, gloves and scarves are for outdoor wear only.

#### **Music Concerts and Performances**

Please note that the dress code for the majority of Eltham College (Senior School) concerts is dinner jackets (or very dark/black suits) with black bow tie and white shirt or all black (long) dresses. If your child is asked to perform, please ensure that they have the appropriate concert dress.

#### **Second-Hand Clothing**

The Parents' Association organise second-hand clothing sales where school uniform (including dinner jackets) may be bought and sold.

#### **House Colours**

Some of the uniform and sports kit items will need to be bought in House colours:

Carey - blue

Chalmers – red

Livingstone – green

Moffat - yellow

#### **Valuables**

The staff will take all reasonable precautions to help you, but you are personally responsible for your own property at all times, and must look after any valuables which you bring into school. Be vigilant and sensible in your care of your own property; be wholly respectful and honest in your dealings with other people's property. Possessions should be named. Never leave valuables in jacket pockets, bags, etc. in the sports centre changing rooms. All students are provided with a locker which they can use to secure valuables.

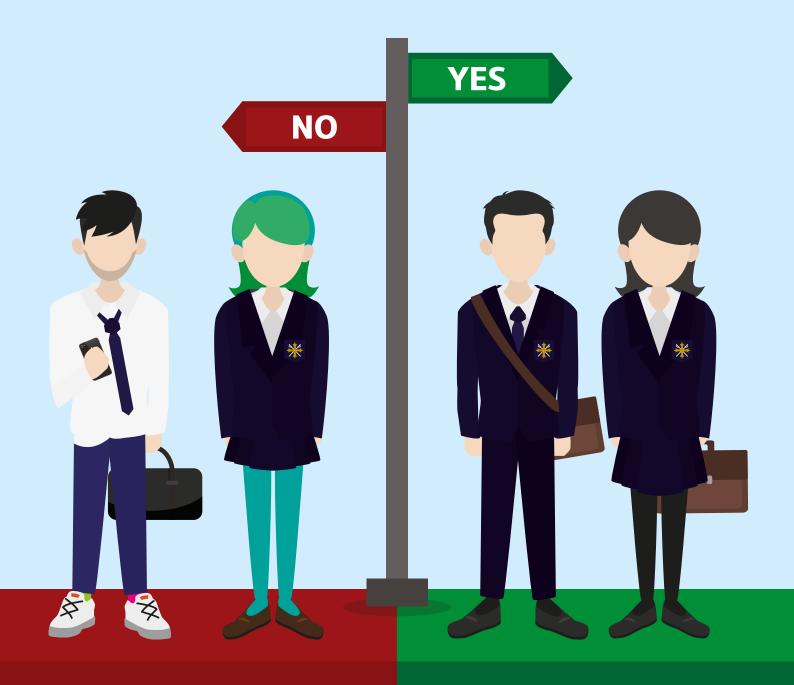
Students must provide their own padlocks.

#### **Mobile Phones**

Phones must remain switched off and out of sight during all formal parts of the school day, including lessons, form times, assemblies, Chapel, and when moving around the College. You may use your mobile phone in the Quad and at break and lunch time to check messages or make short calls. You may only use a mobile phone during a lesson with the express permission of your teacher. You may also use your phone in the Sixth Form Centre and in the Pearson Study Centre.

### Take pride in your uniform





- X Un-tucked shirt
- X Phone in hand
- X Loose collar and tie
- X Excessively short skirt
- **X** Facial hair
- X Messy hair / unnatural colour
- X Coloured socks and tights
- **X** Trainers

- ✓ Tucked-in white shirt
- ✓ Phone put away
- ✓ Collar buttoned up
- ✓ Neatly fastened tie
- ✓ Skirt closer to the knee than hip
- ✓ Tidy, natural colour hair
- ✓ Clean shaven
  - ✓ Black shoes

# Pastoral and Wellbeing

#### **Attendance**

All requests for leave of absence should come from parents and be in writing to your form tutor, copying in the absence email absence@eltham-college.org.uk, giving adequate notification for consideration.

If you are unwell, or are going to arrive late, we would expect your parents to contact the school before 9.00am. After this time, the school will automatically contact the parents of any students who remain unaccounted for. This is necessary for us to have an accurate idea of where our students are, especially in the critical early morning period.

#### Signing In and Out Signing in Late

If you are late for morning registration on a Chapel/Sixth Form assembly/House assembly day, you must sign in at the School Office.

If you are late for morning registration on a tutor period day, you must report immediately to your Form Tutor.

If you arrive after 9.00am you should sign in at the School Office.

#### Signing out for Lunch

You must sign out in the Sixth Form Centre. You must then sign back in on return.

#### Signing out for Afternoon Study or for Community Service

You must sign out in the Sixth Form Centre. Your parents must write to your Form Tutor to grant permission for afternoon study leave.

#### Signing out for an Appointment

Your parents must write to your Form Tutor in advance of this and it is your responsibility to inform the relevant subject teachers of your absence and then sign out in the School Office.

#### Signing out if unwell

In case of sickness you must first go to the Medical Centre. If permission is granted, you will be given a sign out slip and must then sign out in the School Office.

#### The Foxbury Medical and Wellbeing Centre

The Foxbury Medical and Wellbeing Centre is run by Head of Wellbeing, Mrs Bilsby and Nurse Jenny. It is open Monday to Friday 8.30am – 5.00pm.

There is an open-door policy and you can visit the Nurse at any time throughout the day, though, where possible, you should see the Nurse during breaks. The school nursing team provides support and advice on many health issues.

Confidentiality is assured where health matters are concerned, and all students have access to a trained Counsellor should the need arise.

#### Houses

The College has four houses: these are named, in keeping with the school's heritage, after missionaries, Carey (blue), Chalmers (red), Moffat (yellow) and Livingstone (green). The House system promotes a healthy competitive spirit based on a year round programme of academic, athletic and artistic events.



### Academic

#### **Daily Life**

Sixth Form academic work is significantly more complex and demanding than that encountered at GCSE. As such, keeping clear records of the requirements of this work and relevant deadlines will help you structure your approach to this and ensure you are able to manage your time effectively. This will contribute to developing your confidence and self-reliance as a learner, helping to secure greater success in your A level courses and in university-level study.

When not in lessons, Sixth Form students have a number of areas for work and socialising. The Pearson Study Centre is a university-style learning space where students can work collaboratively or individually, while the Ground Floor of the Mervyn Peake Library is set aside specifically for independent study. The Sixth Form café, Déjà Brew, is situated in the Sixth Form Centre and offers a range of drinks, snacks and meals.

Tutors and other staff will monitor your organisation to help them offer support and guidance in your studies. This may become more frequent if there are concerns about your organisation and time management.

#### Homework

Homework is compulsory for all students. We expect homework to be done with care and thoroughness and to be handed in at the right time. It should be done at home, not over lunchtime, and not left to the last minute.

#### **Learning Support**

Ms Symons is Lead Teacher, Learning Support. She works closely with academic and pastoral staff to support students with specific, identified learning needs. All new students will be screened by the Learning Support Team when they join the Sixth Form. Students with identified needs have a Pupil Passport which is shared with their teachers.

#### **Mervyn Peake Library**

The Mervyn Peake Library is at the heart of the College and is an open space for students to read, work on computers, use books for information gathering, work alone or collaboratively, or revise. The Library is used by Sixth Form during lesson times, and so is a quiet working area. During break and lunch time, however, the library is a buzzing hub of activity, with students working, revising, choosing books and reading. The library also opens before and after school.

The Library provides resources in the form of books, eBooks, journals and magazines. The Librarian is available for help and consultation on a range of subjects from which books to read next to which resources to choose for your essay. Reading for pleasure is also extensively catered for, with a large fiction library for students and staff. There is an extensive selection of eBooks, with access to the public library collection through the school library app.

The Library Catalogue is also accessible online and via the app so that students can quickly find out if the resources they need are held in the library, and if so, reserve them to pick up at their convenience. In addition, there are several online databases which are accessible to students inside or outside of the College via this website. Access to all the library online resources can be found on the school SharePoint site.

Mrs Roche, in collaboration with the English Department, invites authors, poets, illustrators and other relevant guests to visit the College throughout the year to speak to both Junior and Senior School students. A wide range of authors, covering both reading for pleasure, and enhancement of English topics, are invited to speak either in person or online.

# Sport

#### **Netball at Eltham College**

Netball is a major sport at Eltham College. The focus of the sport is on fitness, improving skills and enjoying playing sport in a team environment. All girls who attend practice will have the opportunity to represent the college in matches.

Girls of all abilities are able to attend training and will be coached by a qualified netball coach where they will train once a week and field A-D netball teams to participate in School fixtures.

#### **Rugby at Eltham College**

Rugby is and always has been a major sport at Eltham College. It is an open, free flowing game where a multitude of skills are introduced and developed which allow students to develop their co-ordination and athleticism.

Groups are graded according to ability (both technically and physically) and the numbers in a group are small. Those with the greater experience will be fast-tracked along the rugby spectrum but essentially all the technical aspects of the game are introduced gradually. All the students enjoy playing for the College in inter-school fixtures. We are extremely lucky to have expert coaches helping with Rugby.

#### **Hockey at Eltham College**

Hockey is a popular sport at Eltham College. It is a fast paced and technical skill game which involves nothing less than the highest standard of respect and sportsmanship. As a College we aim to produce a lifelong desire to play and appreciate the sport, and deliver a positive environment where players can develop their skills, co-ordination, athleticism and team work skills.

Groups are graded according to ability and the groups are coached to develop their own individual talents and skills in a team environment. We are tremendously lucky to have a professional Hockey coach who has represented Great Britain at the Olympics on the coaching team. All the students enjoy playing for Eltham College in local inter-school fixtures.

#### **Cricket at Eltham College**

Cricket has been a strength of the College for many years and the sport continues to flourish. Cricket is a team sport that places individual players under unusual scrutiny and pressure. It tests the individual's mental and physical strength.

Groups are graded according to ability and the groups are coached to develop their own individual talents and skills in a team environment. Students can represent the College in local inter-school fixtures. We have the privilege of having a professional cricket coach who played for the Pakistan international cricket team.

#### Co-Curricular at Eltham College

A breadth of opportunities for participation across a number of sports awaits. Typically practised during lunch or after school training sessions, sports such as Athletics, Basketball, Climbing, Chess, Cross-Country, Fencing, Golf, Netball, Sailing, Skiing, Swimming, Tennis, Ultimate Frisbee and Water Polo, offer participation ranging from local fixtures to international tours. All training sessions are led by experts in their respective sport.

#### Safety in Sport

Student safety when participating in PE and Sport at the College is of paramount importance. Students must wear a mouth guard for use in contact sports such as rugby and hockey. These can be fitted by a family dentist but the College recommends having one professionally fitted to ensure the best level of protection. The College has a partnership with OPRO – a market leader in mouth guards. The use of head protection in rugby, especially for forwards, has been recommended by the sport for some time. Body protection has now also been approved. It is an option for players to purchase a head guard and upper body pads for both practice and match use to give support and confidence.

#### **Sport FAQs**

#### What kit does my child need for PE/Games?

A full kit list can be found on page five. However, we ask that students bring kit for all occasions to every session. This includes outside games kit, swimming kit, trainers and boots. This is because Games sessions can be affected by the weather and a subsequent change to the scheduled activity may be made.

Please note that whilst students may wish to wear rugby boots, they can be cumbersome and uncomfortable. Football boots which have screw-in studs are therefore recommended, but please ensure that rugby safety studs are fitted onto these.

#### What specialist equipment does my child need for PE/Games?

For students who play regular competitive team sports, the following is required:

- Boots and gumshield for the rugby season.
- Astro trainers, shin pads, stick and gumshield for the hockey season.
- Bat, box, pads, gloves, helmet and cricket shoes for cricket season
- For netball, a very good pair of trainers.
- For other specialist sports such as Athletics, Skiing, Fencing, Water Polo, Swimming, Climbing, Golf and Tennis, please contact Mr Thorogood if you wish to be advised as to what to buy.



All students require a gumshield and boots. However, we recommend parents delay purchasing other cricket and hockey equipment such as bats and helmets until asked to do so by the PE department.

#### Where can I find the College fixtures and information regarding team sheets?

Information regarding sports fixtures, team sheets, and results can be found on: www.eltham-college-sports.org.uk

#### **Team selection**

All teams are selected after careful consideration and conversation has been held between professional coaches and teachers. We place the student's best interest at the centre of team selection decision making. Every effort is made to speak to students individually about team selection, but this may not always be possible before each fixture.

Throughout the year there are also fixtures for C and D teams and sometimes below. In addition, there is an extensive co-curricular programme at lunchtimes and after school which students are encouraged to attend. If a student feels that there are not enough opportunities for them to compete, they are encouraged to speak with Mr Edwards at the earliest opportunity. No sport is a closed environment and all students are encouraged to participate in a sport of their choice.

#### What opportunities are there for students who are not in an 1st or 2nd team?

There is an extensive co-curricular programme at lunchtimes and before/after school which students are encouraged to attend, in addition to representing their House. Throughout the year there are also fixtures for 3rd teams and sometimes below. If a student feels that there are not enough opportunities for them to compete, they are encouraged to speak with the relevant Head of Sport at the earliest opportunity. No sport is a closed environment and all students are encouraged to participate in a sport of their choice.

#### **Lost property**

There is a permanent staff attendant on duty at the Marathon Pavilion. Any kit left there will be stored for the remainder of the week before being returned to the School Office. Please ensure all clothing is suitably named and labelled so that it can be identified and returned to its owner swiftly.

#### What should my child do with valuables during Games lessons?

Students are advised not to bring valuables to the Eric Liddell Sports Centre because the changing rooms cannot be locked due to frequent use. However, refundable £1 lockers are available if desired.

The Marathon Pavilion has staff on duty and changing rooms are locked during afternoon Games sessions.

However, for safety and security it is best if students leave all valuables in their form room locker.

#### Why do Sports staff sometimes use their mobile phones during Games/PE lessons?

While on the playing fields and in the sports hall, staff are required to register students and account for those who may be absent. This may require them to email, call or text the School Office to help locate the students concerned.

#### Why do some co-curricular lunchtime and after school activities clash?

Unfortunately, with a wide variety of sport, music, art and drama activities on offer for students there are inevitably some clashes between activities. Staff plan in order to avoid clashes wherever possible but sometimes it is unavoidable due to staffing commitments, shared facilities and student availability. A student's Form Tutor is the person best placed to help a student manage their time and co-curricular commitments.

More information on the Co-Curricular Sport available can be found on Page 21.



### **The Eltham Constitution**



**Article 1:** 

Value yourself

Always give your best effort

Invest your time wisely

Value your physical and mental health



**Article 2:** 

Value others

Be kind to others

Be an upstander

Value difference



**Article 3:** 

Value your environment

Respect your surroundings

Look after your property

Value your environment

Your behaviour is the key to your happiness, developing a supportive community, and maintaining our school site.

At Eltham College, we display high standards of behaviour, we are kind to each other, we work together to create an inclusive environment, and we are respectful of our environment, both inside and outside of school.



# Article 1 — Valuing yourself

Your behaviour - the way in which you think about yourself and conduct yourself - is the key to your happiness. At Eltham College we display high standards of behaviour, both inside and outside of school.

#### Section 1

- Don't settle for less than your best effort. Your best effort is all that you should ask of yourself and all that anyone can ask of you.
- You will never stop learning so don't be afraid of making mistakes.
- 3. Aim high and set yourself goals that are challenging but also realistic. Remember that perfection is an illusion.
- 4. Act upon advice, follow instructions carefully and don't be afraid to ask for help.

#### Section 2

- Time is valuable so invest it wisely. Remember that you might not reap the rewards of time spent on challenging things immediately. Persevere – slow and steady wins the race!
- 2. Don't waste your time in class or beyond by distracting others or allowing yourself to become distracted. If you think you are going to miss a deadline, ask for help. Don't rush your work.
- 3. Prioritise the things that you need to do and try not to put things off. Good organisation and time management will help you succeed.
- 4. Punctuality is important. Try not to be late for things.

#### Section 3

- Take care of your health (physical and mental health). You have one body and one mind. You are precious and irreplaceable.
- 2. Be authentic to who you are. Don't be afraid to be different.
- 3. Try to eat a balanced and healthy diet. Exercise regularly. This is good for your body and your well-being.
- Ensure you are getting enough sleep and practice good sleep habits.
- Avoid substances that can damage your physical and mental health.
- 6. Do not bring any substances or items into school that could harm your physical or mental health or that of others. This includes but is not confined to cigarettes or vapes, knives, lighters, alcohol, recreational drugs or prescription drugs that were not prescribed for you.

#### Section 4

 Be an upstander not a bystander. Be courageous. Stand up for what is right and call out those who are not behaving in this way.

#### Section 5

 First impressions count. Take pride in your appearance and follow the school dress code. The details of this can be found on the website.

#### Section 6

- Think carefully about your online safety and your digital footprint. Use secure passwords, keep them a secret, beware of scams.
- 2. You must follow the School IT and internet policy. Do not access, download, create or send any unacceptable or offensive material. This includes material of a libellous, violent, racist, homophobic or pornographic nature.
- 3. Think twice before you post content or images online. Don't share nudes or semi nudes. It is against the law.
- 4. Don't arrange to meet someone in person that you have met online without telling a responsible adult where you are going and who you are meeting.
- 5. Ask for help if you have viewed content online that could be considered harmful, or you feel like you have become addicted to content you are viewing or playing online.

### Support and Consequences

#### Section 1

If you don't give of your best, you will feel that you have let yourself down. Other people might notice. You might let other people down and you might miss out on opportunities. If you struggle to meet high expectations or find it hard to act upon advice, you will be supported by your subject teachers, form tutor, or Head of Year, or possibly by the Learning Support Department, or by a team coach. You might be offered a staff or peer mentor, or encouraged to speak to a member of the Foxbury team. You might be given a sanction, for example a lunchtime supervision or an after-school detention. You tutor or Head of Year will probably speak to your parents to ensure that they can support you too.

#### Section 2

If you regularly struggle with time management, concentration or deadlines you will be supported by the Pastoral or Learning Support team. Your tutor might help you with reminders. You might have a mentor who can help you understand how you can make good use of your time and keep yourself on top of things. You will miss out if you are late for things. You might also get a reputation for being unreliable. You might be placed on late report. If this is the case, your Head of Year will speak to your parents.

If, with support in place, things don't improve you will be given a sanction like a lunchtime supervision or an after-school detention.

#### Section 3

You might begin to feel unwell if you don't have a well-balanced diet or take regular exercise. Our school nurse can help with advice and so can our PE department. If you are sleep deprived, you will not function at your best and you will find that your mood and your productivity declines. Speak to our school nurse if you are having trouble sleeping.

You can expect to be sanctioned if you are found to be smoking or vaping during the school day, or whilst representing the school at any time, or if you bring any paraphernalia for smoking or vaping into school. Sanctions would usually be an after-school detention. You will be helped to understand the damage that this can do to your health.

If you come into school drunk or under the influence of recreational or prescription drugs that were not prescribed for you, this will be treated as a safeguarding incident. You will be looked after by the school nurse until your parents can come to collect you. You will be supported by the pastoral team and social services will be notified. Support and sanction are not mutually exclusive and you could face a serious sanction like a suspension. This will depend upon the individual circumstances that present themselves.

If you bring alcohol into school, or try to sell alcohol in school, you can expect to face a serious sanction like a suspension. This is at the Headmaster's discretion.

If you are found to be drinking alcohol outside of school and we are made aware of this, we will notify your parents. If this begins to affect your behaviour within school, or your general well-being, we will treat this as a safeguarding matter and pastoral support will be provided.

You might be encouraged to speak to a member of the Foxbury Team, including the school counsellor or signposted to agencies outside of school that can help you.

If you are found to be taking recreational drugs or prescription drugs that are not prescribed for you outside of school, this will be treated as a safeguarding incident. Your parents will be contacted and pastoral support will be provided. You might be encouraged to speak to a member of the Foxbury Team, including the school counsellor or signposted to agencies outside of school that can help you. You will be asked to sign our drugs contract. You can find more details about how this works in our Drugs Policy which is available on the school website.

If you bring controlled drugs or prescription drugs that were not prescribed for you into school or try to sell controlled or prescription drugs in school, or to another student outside of school, you will face a serious sanction, usually permanent exclusion. This is at the Headmaster's discretion.

#### Section 4

When you act as an upstander, you will feel proud of yourself by doing the right thing. You will be respected for this by your peers and rewarded by your teachers.

#### Section 5

If you break uniform rules, you might receive a sanction like a behaviour mark or a letter might be sent to your parents asking for their support in upholding our dress code.

#### Section 6

If something goes wrong online and your password is leaked or you are a victim of a scam, ask for help. You will be treated as a victim and unless there is something to suggest you have acted deliberately, you will not be sanctioned.

If you breach the school's IT policy you can expect to be sanctioned. The seriousness of the sanction will depend upon the context and could range from an after-school detention to a suspension. You will also be supported to understand why this is unacceptable and how to avoid repeating this mistake in the future.

If you choose to share nudes and this goes wrong, ask for help. This will be treated as a safeguarding concern and if you are a victim, you will not be sanctioned. You will be helped to understand why this was a mistake and your parents will be contacted.

If you have viewed something disturbing by mistake or feel that you are becoming addicted to gaming or are spending far too much time online, your tutor or Head of Year will be able to help you. You do not need to worry about being sanctioned. Your parents will be contacted and encouraged to support you at home too.

If you have a concern, please speak to a member of staff or use Whisper, our anonymous reporting system, by scanning the QR code.





# Article 2 – Valuing others

Your behaviour - the way in which you think about and act towards others - is the key to developing a supportive community. At Eltham College we are kind to each other, both inside and outside of school and work together to create an inclusive environment.

#### Section 1

- Be kind to others. Think about how you speak to others and what you say. Be courteous. Treat people as you would like to be treated. You might not always agree, but you can always be tolerant, polite and kind.
- Take care not to hurt others with your actions. When playing on the field, avoid behaviour that is excessively physical or could hurt yourself or others. Do not fight. If someone has hurt you physically, walk away and speak to a member of staff. You will also need to see the school nurse.

#### Section 2

- Stand up to bullies. Nobody should have to suffer name calling, physical, sexual or verbal abuse or feel victimised. Bullying is repeated behaviour of this nature. Report bullying by speaking to a member of staff or using Whisper, our anonymous reporting system.
- 2. Stand up for equality. Value difference in all its guises, including neurodiversity. You can learn a lot from people who may have a different faith, culture, ideas or way of viewing the world. Do not judge people who think or behave differently from you. Show tolerance, kindness and understanding.
- Show respect to the faith of others. Nobody should face unkindness, prejudice or discrimination on the basis of their religious beliefs. If you experience or witness this type of behaviour, report it by speaking to a member of staff or through Whisper.
- 4. Be actively anti-racist. Nobody should face discrimination based upon their ethnic background or colour of their skin. Never use racist language. Challenge racist attitudes and report this behaviour by speaking to a member of staff or through Whisper.
- 5. Be actively anti-homophobic and anti-transphobic. Nobody should face discrimination based upon their gender or sexuality. Never use homophobic language. Challenge homophobic attitudes and report this behaviour by speaking to a member of staff or through Whisper.
- 6. Be actively anti-sexist. Sexist language, stereotyping or name calling, online or offline is unacceptable. Challenge sexist behaviour and report this by speaking to a member of staff or through Whisper.

#### Section 3

- Enjoy positive and healthy relationships. Unhealthy
  relationships are those where there is a power imbalance. If
  you are in a relationship that you think is unhealthy, or that
  makes you feel unhappy or scared, ask for help and talk to a
  member of the Pastoral or Foxbury team.
- 2. Sexual harassment is the term we use to describe unwanted conduct of a sexual nature. It can take place online or offline. It can include a range of behaviours, for example, making sexual remarks about clothing or appearance, calling someone sexualised names, making sexual 'jokes', deliberately brushing up against someone or making sexualised gestures, or consensual and non-consensual sharing of nudes. Sexual harassment has no place in our society or school and it will not be tolerated.
- Sexual violence is the term that we use to describe sexual
  offences such as rape, assault by penetration and sexual
  assault. Harmful sexual behaviour of this nature has no
  place in our society or school and will not be tolerated

### Support and Consequences

#### Section 1

If you are unkind, you can expect to face a sanction and also be supported to understand the impact that your behaviour is having on others. The sanction will depend upon the context but it will proportionate and fair and explained to you.

Violent conduct will not be tolerated and will be sanctioned, usually with an after-school detention. Violent behaviour that is extremely dangerous, for example kicks or punches to the head, will be seriously sanctioned, usually with a suspension. The instigator will be supported to understand why their behaviour is dangerous and helped to learn how to modify this in the future.

#### Section 2

If you are an upstander, you can expect to be rewarded with praise and recognition. If you are a victim of bullying, your wishes will be taken into account and you will be supported by the pastoral team. There is no place for bullies at our school and bullies will be sanctioned, usually with an after school detention. Bullies will also supported to understand why this is unacceptable and helped to modify their behaviour.

The wishes of victims of prejudice in any of its guises will be our first consideration. They will be supported by the Pastoral or Foxbury team. Instigators will be sanctioned, usually with an after-school detention. Their parents will be contacted and they will supported to understand the impact of this behaviour on others.

#### Section 3

The wishes of the victims of sexual harassment will always be considered when we deal with this type of harmful sexual behaviour. It will be treated as a safeguarding matter, and we would usually inform the victim's parents unless we believe that to do so would cause the victim additional harm. In some cases, it might be appropriate to inform the police and social services. This would always be discussed with the victim beforehand. The instigator will be sanctioned and supported, and parents will be informed. The type of sanction will depend upon the context but could range from an after-school detention to a suspension. You can find more information about this in our Safeguarding and Child Protection Policy.

All reports of sexual violence are treated as safeguarding incidents and the wishes of the victim will guide our response. The victim will be encouraged to report these cases to the police and social services will be informed. We would usually inform the victim's parents unless we believe that to do so would cause the victim additional harm. If the instigator and the victim share classes, where possible they will be separated. This is to safeguard both instigator and victim. If the police take up the investigation, the school will work with the police to ensure the safety of all students and will act upon police advice. If the police do not proceed with the investigation, we will deal with the incident internally. Our response will depend upon the context. Support will be offered to both victim and instigator. Sanction and support are not mutually exclusive and the level of sanction applied to the instigator will be at the Headmaster's discretion.

If you have a concern, please speak to a member of staff or use Whisper, our anonymous reporting system, by scanning the QR code.





# Article 3 – Valuing your environment

#### Section 1

- 1. Ensure that all litter is placed into bins.
- 2. Do not chew gum.
- 3. Treat your form room with respect.
- 4. Look after your property. Use your locker.

#### Section 2

- Think about your environmental footprint. We only have one world. Save energy where you can by turning off lights and closing doors.
- 2. Avoid waste. Bring a reusable bottle into school and fill this up from the water fountains. Turn taps off when you have finished using them. Don't print unless you really need to.
- 3. Recycle where you can.

### Support and Consequences

If you do not look after our school environment, you can expect a sanction such as a behaviour mark or an after-school detention.

You will be helped to understand the importance of looking after your environment, within and beyond school in your lessons and in assemblies and you will be encouraged to take up leadership roles in these areas.

If you have a concern, please speak to a member of staff or use Whisper, our anonymous reporting system, by scanning the QR code.



# Co-Curricular

Eltham College has an extremely diverse range of co-curricular activities in which every student plays a part. From the clubs and societies which take place at lunchtime and after school to sports teams, choirs and orchestras, art and drama, travel opportunities and community service, the school seeks to nurture each student's interest in the world beyond their academic studies.





## Clubs and Societies

Students can be involved with clubs and societies which take place at lunchtime as well as before and after school, with the goal of nurturing each students interest in the world beyond their academic studies.

3D PAPER MODELLING

AFRO-CARIBBEAN SOCIETY

ARABIC CLUB

ARCHITECTURE SOCIETY

ANTI-BULLYING AMBASSADORS

**BOARD GAMES CLUB** 

**CHANGEMAKERS** 

CHARITY COMMITTEE

CHINESE FAN DANCE GROUP

CHRISTIANITY EXPLORED

CLASSICAL CIVILISATION

**CLASSICS CLUB** 

CODING CLUB

CREATIVE WRITING CLUB

CREST AWARD CLUB

**DEBATING** 

DT CLUB

DRAMA CLUB

ECCE (ELTHAM COLLEGE CHRISTIANITY EXPLORED)

ECO ELTHAM

ELTHAMIAN MAGAZINE JOURNALISTS

**ENTREPRENERDS** 

**FEMSOC** 

FORMULA 1 FOR SCHOOLS

FRENCH SOCIETY

**FUTSAL** 

GEOGRAPHY CLUB

**GEOGRAPHY SOCIETY** 

GREENPOWER

HANS WOYDA COMPETITION

HISTORY SOCIETY

INVESTMENT CLUB

IT'S ALL GREEK TO ME!

LAW SOCIETY

LEGO CLUB

LGBTQ+ ALLIANCE

LINGUISTICS OLYMPIAD

LOWER SCHOOL -POLITICS CLUB

MATHEMATICS SOCIETY

MATHS MASTERS

MEDICAL SOCIETY

MODERN FOREIGN LANGUAGES FILM CLUB

POLECON SOCIETY

PPE CLUB

PRIDE SOCIETY

ORIGAMI

**READING GROUPS** 

ROCKETRY CLUB

SCIENCE CLUB

SCIENCE SOCIETY

TABLE-TOP GAMING CLUB

**TEXTILES CLUB** 

**UK LINGUISTICS OLYMPIAD** 

UKMT MATHS TEAM CHALLENGES

<sup>\*</sup>Clubs and Societies can be subject to change

# House Competitions

Students at Eltham College feel their House is very much their home in the College, and it is a real strength that every student at Eltham believes passionately that their House is the best! Each student is assigned to one of our four Houses named, in keeping with the College's heritage, after four missionaries: Carey (blue), Chalmers (red), Moffat (yellow) and Livingstone (green). The House system promotes vertical integration and encourages healthy competitive spirit amongst the students as they compete in a year-round programme of events: academic, athletic and artistic.

ART FASHION DESIGN ROUNDERS

ATHLETICS FOOTBALL RUGBY

BADMINTON GARDENING SCIENCE QUIZ

BAKING GOLF SINGING

BASKETBALL HOCKEY SKIING

CAROL SINGING MENTAL ARITHMETIC SOFTBALL

CHESS MUSIC SPELLING

CLIMBING MUSICAL THEATRE STRENGTH & CONDITIONING

CREATIVE WRITING NETBALL SWIMMING

CRICKET PHOTOGRAPHY TABLE TENNIS

CROSS COUNTRY POETRY TENNIS

DEBATES PUMPKIN CARVING VOLLEYBALL

DRAMA ROCKETRY WATER POLO





# Co-Curricular Sport

At Eltham, we are aiming to be the number one co-educational school for sport in South East London by delivering a wide-ranging core and co-curricular programme that enables our students to engage at all levels and across multiple sports. Our Core sports for girls are Hockey, Netball and Cricket and for boys Rugby, Hockey, and Cricket. Our extensive co-curricular sports programme runs throughout the year and a snapshot of the core sports we offer are here:

#### RUGBY

"Eltham College currently run 15 Senior School teams, as well as 16 teams in the Junior School that regularly compete in fixtures against through Michaelmas term. As well as weekly block fixtures, sides in the Senior School are given the opportunity to participate in County and National competitions.

As well as providing a competitive environment for students to thrive in a team-based format, we place high important on the personal development of students at Eltham College. Alongside our team sessions, students have the opportunity to access support in Strength & Conditioning, as well as individual skill sessions. During Lent term, Rugby switches its focus to the shorter format of in the game in Rugby 7s. In which, we attend all County festivals, as well as the National Rosslyn Park 7s Festival."

#### **Ben King**

Head of Rugby

#### HOCKEY

"It is an incredibly exciting time for Hockey at Eltham after back to back Kent Championship wins at Boys 1st XI. In addition, we were National Runners up at U16 level and U13 Quarter Finalists in the Independent Schools Cup. Boys U12 and U13 also reached the regional finals in 2023 and we had our first girls team reach the same stage this season at U13 level. The breadth of high level coaching and facilities has developed students into representative players with the school boasting numerous county players in the last few years."

#### **Calum Giles**

Head of Hockey

#### CRICKET

"The Eltham College cricket programme provides an opportunity for every girl and boy to develop and compete at the appropriate level. We want to create cricketers that enjoy the game, who are willing to experiment and are not afraid of failure.

The programme ensures our elite cricketers are challenged to improve, with eleven girls and boys going on to represent their county this year.

Alongside this, Eltham won the Kent U12 Ford Cup and U14 Tony Church Trophy in 2022 and hoping for more success in future seasons."

#### **Josh Kelly**

Head of Cricket

#### NETBALL

"As we gradually become a fully co-ed school, our priority is to ensure every girl gets the chance to flourish in the Netball programme. Enjoyment is one of our biggest factors and we strive to ensure that all girls, no matter their ability, enjoy their Netball and subsequently their sporting experience here at Eltham College.

Our carefully designed Netball programme ensures that we are challenging our elite players, providing them with opportunities to allow them to take their Netball to the next level, but also providing a sport for all environment so that everyone can showcase their ability and represent the school in competitive fixtures."

#### Laura True

Head of Netball

#### **AQUATICS**

"Aquatics is a sport for all as we transition into being fully co-educational by 2025. We compete in several mixed competitions as well as having both boys' and girls' fixtures individually.

Not only does our Aquatics programme provide students with a life skill it also improves fitness, strength, power, stamina, and many more physical attributes that will help develop our students into becoming better all-round athletes. Our Elite swimmers will obtain additional support to help them achieve their personal goals whilst also representing the school at the highest possible standard.

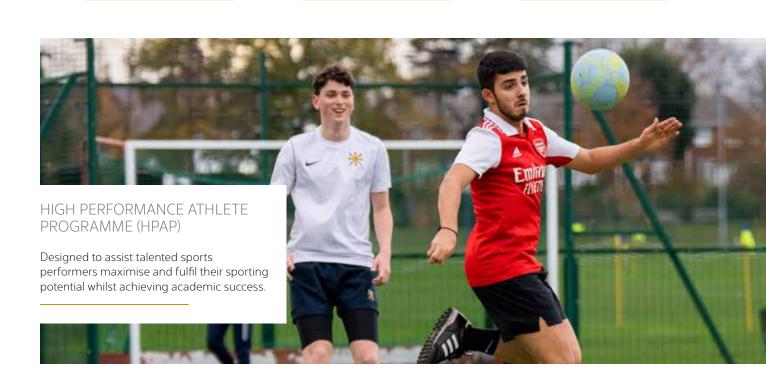
Our aim of the Aquatics programme is to develop a universal love for swimming and water polo to select multiple teams across both disciplines, whilst also competing at the Elite level against the very best co-ed schools nationally."

#### **Sean Perfect**

Head of Aquatics

Eltham College offers many other sports aside from those that are core and timetabled. Teams and individuals regularly compete in local and national competitions.

ATHLETICS	GO KARTING 	SAILING 
BASKETBALL	GOLF	SKIING
CHESS	GYMNASTICS	SOCIAL SOCCER
CLIMBING	INDOOR CYCLING	STRENGTH & CONDITIONING
CROSS COUNTRY	JUMP ROPE	SWIMMING
DANCE FITNESS	ROUNDERS	TABLE TENNIS
FENCING	ROWING	TENNIS
FUTSAL	RUNNING CLUB	WATER POLO





### Music

#### CHOIRS AND ORCHESTRAS

For choral and orchestral musicians, there are a number of ensembles across a range of ages and sizes. These ensembles perform at prestigious venues such as Blackheath Halls, as well as undertaking international tours.

**COLLEGE CHOIR** 

CHAMBER CHOIR

YOUNG VOICES

CHORAL SOCIETY

SYMPHONY ORCHESTRA

VOCE

SINFONIA

SINFONIETTA

#### JAZZ AND LARGE ENSEMBLES

We have an extensive Jazz provision at Eltham, as well as a range of other large ensembles catering to different musical styles, and across all experience levels.

#### CONCERT BAND

SYMPHONIC WINDS

**ELTHAM BRASS** 

**BRASS BONANZA** 

**BIG BAND** 

JAZZ COMBO

SAX QUARTET

COOL JAZZ

DIXIELAND BAND

SHOW BAND

#### OTHER ENSEMBLES

Every effort is made to ensure that all students learning musical instruments are placed in College ensembles to help them progress. Ensembles are graded by ability and if a student wishes to perform in a group there will be an opportunity for them to do so. There are ensembles concerts every term.

BREAM GUITAR ENSEMBLE

DOUBLE REED ENSEMBLE

SILVER SONICS

PLATINUM PLAYERS

**ROCK SCHOOL** 

STICK ATTACK

SLICK STICKS

Plus a variety of smaller Chamber Music ensembles, such as String Quartets and Piano Trios





### Drama

Co-curricular work in Drama is seen as essential to the success of the department providing opportunities for all of our students to take part in performances if they wish to. Every lunchtime and after school there is a rehearsal of some kind taking place in the Antony Barnard Theatre and frequently the dance studio too. There are numerous shows across the academic year and our close proximity to London enables trips to see stage shows in the city all year round.

SENIOR PRODUCTION

GUYS AND DOLLS LITTLE SHOP OF HORRORS FIDDLER ON THE ROOF CURTAINS

MIDDLE SCHOOL PLAY

DANNY CHAMPION OF THE WORLD FIND ME

**TECH CREW** 

LOWER SCHOOL SENIOR

EDINBURGH FRINGE

ASSASSINS

MERRILY WE ROLL ALONG

LOWER SCHOOL PRODUCTION

HONK! JR.

OUR TEACHERS A TROLL
ALICE IN WONDERLAND

SENIOR PLAY

THE HISTORY BOYS
ACCIDENTAL DEATH OF AN ANARCHIST
DOCTOR FAUSTUS

SHAKESPEARE SCHOOLS FESTIVAL

TWELFTH NIGHT OTHELLO

**MUCH ADO ABOUT NOTHING** 

LAMDA

ACTING

SPEAKING IN PUBLIC VERSE AND PROSE SHAKESPEARE

NATIONAL THEATRE CONNECTIONS

MARXIST IN HEAVEN

THE IT

STRANGERS LIKE ME





### Art

Creative problem-solving and divergent thinking are at the heart of our Art curriculum. Students learn traditional and contemporary processes while also conducting critical analysis of their own work and the work of professional artists. The department offers the opportunity to work in a wide range of media including painting, sculpture, print making, photography, digital editing and even glass.

Students in Lower School all have a weekly Art lesson before selecting their creative options in Year 9. We are fortunate to have the Gerald Moore Gallery within the grounds of Eltham College, where students are able to visit exhibitions by a range of artists and exhibit their own work. Over the years the Gallery has hosted an eclectic range of shows by local and emerging artists as well as famous names such as Cornelia Parker and Matisse.

Both the Gallery and the department offer a wide range of clubs, workshops and artist-led sessions to extend the work in the classroom as well as prepare students for exams and further education.

ART CLUB	ARTS CAREER DAY	GCSE KICKSTART!
ARCHITECTURE CLUB	CERAMICS CLUB	PAINTING TECHNIQUES WORKSHOP
ARTICULATION CHALLENGE	CRAFT CLUB FOR JUNIOR SCHOOL	PHOTOGRAPHY CLUB
ARTIST IN RESIDENCE	EXHIBITION TOURS	STUDENT EXHIBITIONS
ARTIST TALKS	GALLERY VOLUNTEERING	RA YOUNG ARTISTS
ARTIST WORKSHOPS	OPPORTUNITIES	SUMMER SHOW





## Outdoor Education

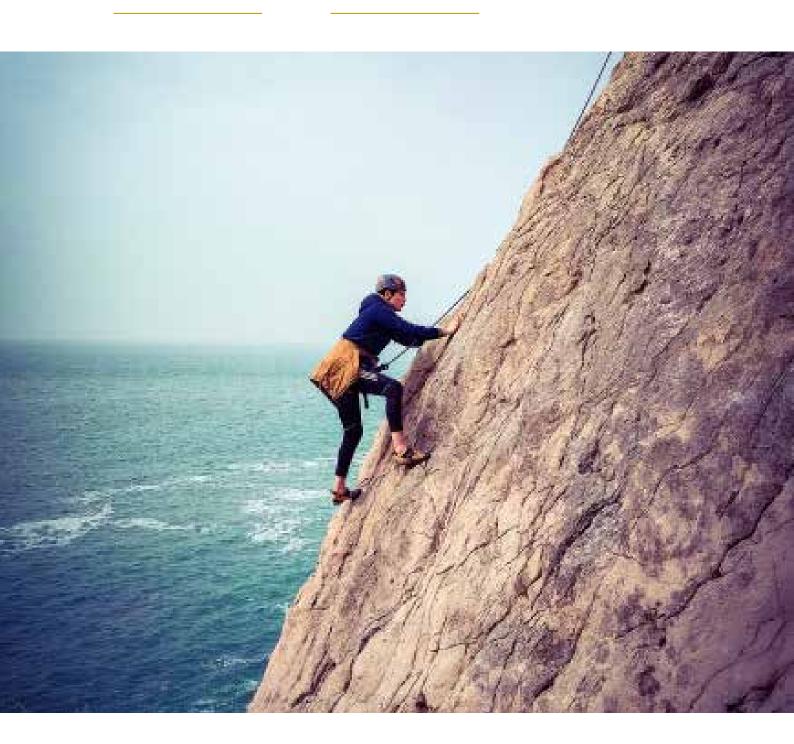
Eltham College has a thriving programme of outdoor education. From facing physical and geographical challenges on the Year 8 trip to Dartmoor, to the trials of involvement in the Duke of Edinburgh's Award, students are encouraged to work as teams and improve their leadership skills whilst experiencing and exploring the wider world.

SILVER EXPEDITION

YEAR 10

**GOLD EXPEDITION** 

SIXTH FORM



Gloria Filiorum Patres



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